



JOY LIEDTKE (38)

Self-Employed Decorator and Professional Organiser

Q What are your most memorable moments about your pregnancy?

The moment Shaun (42) and I first heard our daughter Eva's heartbeat was truly emotional and made my pregnancy very real. Also seeing her little face on a 3D scan was breathtaking!

Q How do you spend quality time with your family?

We love taking walks together in nature and discovering things along the way because everything is new and interesting to Eva (16 months). We also enjoy taking her to the zoo or the bird park – anywhere that has animals.

Q What three values would you like to instill in your child?

To be kind to and respectful to all living creatures; to be thankful for

all she has, and to be passionate about what she eventually wants to be and do in her life!

Q How did the challenges of pregnancy affect/improve your relationship with your husband?

Shaun became even more attentive during my pregnancy which I loved! He always made sure I was comfortable, well fed and happy!

Q How do you define motherhood?

Rewarding and challenging, but most of all the love you feel for your child is all-consuming, in a good way!

Q Why did you choose your particular career?

I love all things that are well designed and thought out! I am also a very organised and structured individual, so I decided to follow my passion in décor and put my natural ability for organisation into a business – JoyByDesign. 'Designing Life' became my payoff line because I believe that we spend so much time in our home and office that they should be beautiful and stimulating in terms of design, yet functionality is always at the core of my designs!

Q How has your husband adjusted to being a dad?

He is a doting father and loves spending time with his little princess! He really is an amazing husband and father. He is always there for us – we come first and we know it!

Q What role do you think women have to play in society at large, and in their families?

Naturally I believe they play a vital role in society. Today's women are both mothers and career women working full-time jobs. As a woman, I am the best role model for my daughter, Eva.

Q Are you a girly-girl or a get-down-with-the-men kind of woman?

Girly-girl, but I do love a bit of adventure, white river rafting, quad biking and hiking, to name a few!

RAPID FIRE

First thing you do in the morning? Eva wakes at 5am, so she is my first call of the day!

What book is on your night stand? 'Mother to Daughter' by Melissa Harrison & Harry H. Harrison, Jr. is one of three.

Your preggy cravings – Lindt chocolate was a favourite!

The last person you hugged today – Eva

Favourite Sunday activity – Sunday is my day to sleep in and Shaun sees to Eva! 